



2023 MIAC Volleyball Awards

2023 MIAC Volleyball Offensive Player of the Year

Position	Name	Institution	Class	Hometown High School	Previous Selections
S	Kasie Tweet	Gustavus	Sr.	Adrian, Minn.	--

2023 MIAC Volleyball Defensive Player of the Year

Position	Name	Institution	Class	Hometown High School	Previous Selections
DS	Jenna Rubbelke	Hamline	Jr.	North St. Paul, Minn.	--

2023 MIAC Volleyball Rookie of the Year

Position	Name	Institution	Class	Hometown High School
MB	Peyton Howie	Bethel	Fy.	Blaine, Minn. Irondale

2023 MIAC Volleyball Coach of the Year

Name	Institution	Previous Selections
Rachelle Sherden	Gustavus	2015 2018 2022

2023 MIAC Volleyball All-Conference

Position	Name	Institution	Class	Hometown High School	Previous Selections
OPP	Anysia Caille	St. Olaf	Sr.	Minnetonka, Minn.	--
MB	Abby Drury	Bethel	Sr.	Wyoming, Minn. Forest Lake	--
OH	Dani Friedges	Bethel	Sr.	Jordan, Minn. New Prague	--
OH	Emma Guest	Saint Benedict	Sr.	Oak Grove, Minn. Saint Francis	2022
MB	Peyton Howie	Bethel	Fy.	Blaine, Minn. Irondale	--
MB	Madi Kes	Gustavus	Sr.	Jordan, Minn.	--
OH	Lauren Klaith	Gustavus	Sr.	Rockford, Minn.	--
MB	Mackenzie Knofczynski	Saint Benedict	So.	Willmar, Minn.	--
OH	Mallory Leitner	Concordia	So.	Dilworth, Minn. Dilworth-Glyndon-Felton	--
S	Kaia Lill	Concordia	Sr.	Bismarck, N.D. Century	2022 (HM)
OH	Ciarra McNally	Saint Mary's	Sr.	Lewiston, Minn. Lewiston-Altura	2021 2022
OPP	Catherine Moore	St. Olaf	Sr.	Lake Elmo, Minn. Mounds Park Academy	2021 2022
MB	Sydney Olson	Gustavus	Sr.	Willmar, Minn.	--
DS	Selena Rodriguez	St. Olaf	Sr.	St. Paul, Minn. North	2022
OH	Maggie Rosen	St. Catherine	Sr.	Clear Lake, Wis.	2021 2022
DS	Jenna Rubbelke	Hamline	Jr.	North St. Paul, Minn.	2021 2022
S	Audrey Spolidoro	Saint Benedict	Jr.	Cottage Grove, Minn. East Ridge	2022
DS	Maren Sundberg	Gustavus	So.	Eagan, Minn.	2022
OH	Tiffany Tellez	St. Catherine	So.	Peoria, Ariz. Xavier College Prep	2022
OH	Marlee Turn	Gustavus	Sr.	Kennedy, Minn. Kittson Central	2022
S	Kasie Tweet	Gustavus	Sr.	Adrian, Minn.	2022
OH	Bri Van Well	Augsburg	Sr.	Woodbury, Minn.	--

2023 MIAC Volleyball Honorable Mention

Position	Name	Institution	Class	Hometown High School	Previous Selections
MB	Lindsey Baribeau	St. Scholastica	So.	Biwabik, Minn. Mesabi East	--
OH	Sylvia Dixon	Carleton	So.	Vienna, Va. James Madison	--
MB	Madison Fagan	St. Catherine	So.	Orange Park, Fla. Oakleaf	2022 (HM)
OH	Adisa Preston	Macalester	Jr.	Eden Prairie, Minn.	--
DS	Torrie Rehder	Augsburg	Jr.	Goodhue, Minn.	--
MB	Maria Watt	Concordia	Jr.	Glyndon, Minn. Dilworth-Glyndon-Felton	--
